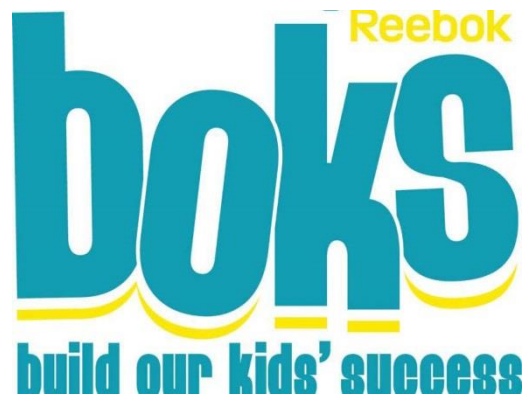


BOKS IS BACK!



What better way to start your day?

**Wake up with the BOKS WORKOUT
PROGRAM here at LFS!**

Instructed by Ms. J & Mrs. Emmerich

Tuesdays & Thursdays

6:45am-7:30am

March 15th-May 26th

Fee: \$40.00 per student (\$2 per class)